



FAQs for Providers

What is the My Reason research program?

My Reason is a new research program focused on linking genomic and clinical data from participants living with and without kidney disease. Samples and data will be used in a broad range of research studies, with emphasis on kidney disease and potentially associated health conditions. The goal is to help scientists learn more about the genetics of kidney disease and other conditions to improve the diagnosis, treatment, and care of patients with these diseases.



Who is eligible?

Included:

- People with and without kidney disease
- Adults 18+ (19+ in Alabama, 21+ in Puerto Rico)
- U.S. residents (including Puerto Rico)
- FKC and non-FKC patients

Excluded:

- People in jail
- People who cannot give consent due to physical, mental, and/or permanent medical limitations

What can I tell an FKC patient who might be interested in participating?

- We need permission to access a leftover blood sample at Spectra Laboratories, Inc. as well as permission to access participant medical records. Protecting a participant's privacy and confidentiality is critically important in this type of research. The My Reason study team will use appropriate safeguards to ensure the security and privacy of participants' DNA and personal information.
- The information from this program will help researchers learn more about the genetics of kidney disease, which they can use to improve the diagnosis, medical treatment, and care of patients with kidney disease and potentially associated health conditions.

- In order for this type of research to work, researchers need DNA from hundreds of thousands of people: people with kidney disease, relatives of people with kidney disease, and people who have no personal or family history of this disease.
- Everyone has unique differences in their DNA, their medical history, and their life journeys. It is participants' uniqueness and story that make their contribution to this type of research so important. Just by sharing their DNA and information about their medical history, participants can help improve the diagnosis and medical treatment of people all over the world who are impacted by kidney disease and potentially associated conditions.
- You can also share the FAQs written more specifically for patients.

How do I refer a patient who might be interested in participating?

Point them to [WhatsYourReason.com](https://www.whatsyourreason.com).

Can I participate in the My Reason research program? Can my family/friends participate?

Yes, anyone can participate as long as they meet the eligibility criteria and consent. To learn more, visit [WhatsYourReason.com](https://www.whatsyourreason.com).

