



## FAQs for Patients

### What is My Reason?

My Reason is a research program inviting many people to help build a diverse health database to help researchers better understand the causes and potential treatments for kidney disease and associated diseases. We welcome participants from all backgrounds. Our goal is to develop the world's largest collection of patient data to support research into kidney disease and potentially associated conditions. This knowledge can then be used to improve patient care.



## Why should I join My Reason?

Different people have different reasons. Maybe you feel good helping others. Maybe you'd like to give your children and grandchildren better options for disease prevention and treatment. Or maybe you just want to pay it forward.

Everyone's information – their DNA, health history, and life journey – is unique and important. For this research to work, researchers need lots of information from hundreds of thousands of people. It is your uniqueness and your story that make your contribution to this type of research so important. Just by sharing your DNA and information about your medical history, you can help improve the diagnosis and medical treatment of people all over the world who are impacted by kidney disease and potentially associated health conditions.

Bottom line: Just by being you, you can make a difference!

The fact is, research in kidney disease lags behind that of other diseases. Finally, we can change that. Will you help?

## What do I have to do?

- Give a blood sample
- Permit us to access your medical records

## How will my information be used?

The information we receive from your sample and medical record will be included in a database that will be shared with researchers. The combination

of medical and biological information for many individuals with kidney disease and potentially associated health conditions is important. It may help researchers to better understand the causes and potential treatments for kidney disease and other medical conditions. These researchers may develop new drugs or tests for diseases.

## How will you protect my privacy?

Your privacy is very important to us, and we will take appropriate safeguards to protect your privacy. We must collect personal identifying information like your name, address, or phone number so that we can document your consent to participate in the program, collect your medical information, and otherwise manage the program. We will not share information that identifies you, like your name, address, or phone number, with researchers or anyone else without your consent or unless required by law. Your name, date of birth, and address will be replaced by a code number.

## What will I find out about my DNA?

At this time, My Reason will not provide you with your collected medical information, DNA sequence, information about your individual genetic results, or the results of any studies using your information. If this does become a possibility in the future, you may be contacted by the study team with more details.



**How can I find out about the activities of the My Reason research program?**

As My Reason continues to enroll participants, the study team will share updates on how this program is contributing to research on our website, **WhatsYourReason.com**.